



Megan Kibby, ACC, CYT

As a Trauma-Informed and leadership coach, Megan loves to work with people to blaze their own unique trail, identify their purpose and values, and to create their vision for transformative and post-traumatic growth. She lives on and manages a small urban goat and chicken farm, where she brings animals and humans together in mindfulness-based and therapeutic experiences. She leverages her background as an artist and leader to help people find creative paths and solutions in their lives, and to connect with their intuition and higher self.

Education

Megan completed her BA at Berry College, a private liberal arts college in the foothills of Appalachia in 2006. She completed post graduate studies at Miami Ad School's Portfolio Center in 2008, where she focused on Art Direction and Design. In 2013, she completed a certificate in Marketing Strategy for Business Leaders with Cornell University's online graduate programs.

Experience

Creativity and communication are at the heart of Megan's diverse professional experience. For many years, her focus was on communicating on behalf of her clients, including Amazon, The Home Depot, Target, Toys R Us, Williams Sonoma and Harry & David, to name a few. She has a working knowledge of the demands and realities common to workplace dynamics and has finesse in balancing her spiritually grounded approach with real-world solutions. Since 2017, Megan has worked with the community providing goats for the sustainable clearing of overgrown invasive plants and brush. Additionally, she connects these animals to the public by offering animal-assisted therapies, goat yoga and engaging community events. Currently, Megan provides trauma-informed and leadership coaching to private clients, as well as group coaching and team building.

Certifications

Megan is a Trauma-Informed coach, completing certification at Canadian-based Moving the Human Spirit. She is a candidate for the ACC level accreditation through the International Coaching Federation (ICF) and completed her CYT200 (Certified Yoga Teacher) in 2014 at Kashi Ashram.

Accomplishments

Megan's goat yoga classes have made the list for Top 20 Team Building Events in Atlanta. She and her goats have had articles in the Atlanta Journal Constitution and the New York Times; they've been hosted on several local news and radio shows; have been guests of Shaquille O'Neal and Charles Barkley on live TV; helped Wayne Gretzky celebrate his birthday on NHL on TNT; have been featured in national ad campaigns; and have been guests on shows on HGTV, NatGeo and more. Megan has been practicing yoga for 20 years and volunteers her time to teach yoga to incarcerated women. She is informed by a sensitivity and awareness that embraces people often underrepresented and served in our society — whether neurodivergent, queer or trans, or simply marching to the beat of their own drum.