



Paul McFadden, PMP, ITIL, PCC

Mr. McFadden is a highly accomplished and sought-after executive & team coach, leadership development strategist, human optimization & performance expert, trusted advisor, keynote speaker, former IT executive and veteran of the US Navy/Merchant Marine Reserves with an extensive background in program/project management, change management, talent acceleration, culture transformation, team engagement, and peak performance development. He exemplified leadership excellence for almost 30 years in the Military, Private, Public and Volunteer sectors.

Paul is also Adjunct Faculty with the Center for Disease Control University, the Transportation Safety Institute, the Federal Executive Institute, and the Office of Personnel Management's Center for Leadership Development, where he has facilitated science-based leadership programs to over 3000 GS13 – SES level leaders within various federal agencies across and outside the continental US. In addition, he is a member of a Strategic Facilitator's Panel with the National Science Foundation and is Coach Faculty with Linkage's Global Institute for Leadership Development (GILD) as well as their Advancing Women in Leadership (WIL) Institute.

Coaching and Consulting Approach

As a coach, facilitator and consultant, Paul is recognized for his skillful approach to inspiring leaders to align with their passion, disrupt limiting patterns, and purposefully develop the practices or rituals essential to becoming the best versions of themselves. His fundamental philosophy is that true leadership begins with self-mastery. Therefore, one must learn to lead themselves before they can truly inspire, engage, lead, and develop new leaders. He is a sought-after speaker for international conferences, strategic corporate leadership events/retreats and executive forums.

Training/Educational Background

Paul earned his Bachelor of Science at the United States Merchant Marine Academy and was honorably discharged from the US Navy/Merchant Marine Reserves after (4) years of service. He completed his coach specific training with the NeuroLeadership Institute and earned his Brain-Based Professional Coach Certification specializing in Executive and Team Coaching. He maintains the credential of Professional Certified Coach (PCC) through the International Coach Federation and has over 1800 hours of 1-on-1 and team coaching experience. He also completed his Functional Medicine Certified Health Coach (FMCHC) certification through the Functional Medicine Coaching Academy. Paul is currently completing his Certified Personal Trainer certification with the National Academy of Sports Medicine, is a 2020 Candidate for the National Board-Certified Health & Wellness Coach certification and will begin pursuing his Ph.D. in Oriental Medicine in the fall of 2020.

Paul is a member of the following professional organizations: International Coach Federation, HeartMath® Institute, NeuroLeadership Institute, Association for Talent Development, Project Management Institute, and the Institute for Functional Medicine.