



Jen Howdeshell, PCC

Jen has spent the last 10 years coaching professionals in business, leadership and personal development. An impassioned coach, Jen partners with executives and teams to align who they are with what they do, holding the space for transformational change by leveraging strengths, creating awareness and co-designing strategic action, so her clients accomplish their goals, discover untapped potential and thrive in work and life. By meeting clients where they are with curiosity, compassion and candor while establishing an environment rich in authenticity and vulnerability with the appropriate weight applied to challenging perspective, Jen supports her clients to link mindset and behavior, which allows for sustainable change. She believes that what happens in a coaching partnership is much deeper than what goals get accomplished. It is “who” someone becomes in the coaching process that is magical. With new mindsets embraced and past limiting beliefs released, Jen’s clients see themselves and their circumstances with fresh eyes and are ready for the next leg of their journey.

Education

Ms. Howdeshell is an Organizational Relationship Systems Coach (ORSC) Practitioner. She is a Certified Graduate of CoachU and Corporate Coach U.

Experience

Jen has a broad coaching modalities background and is well versed in 1:1, group, team and leadership / leadership team coaching. Along with her extensive corporate background, she has more than 3,500 hours coaching executives, professionals, leaders and field personnel. Her completion of the Organizational Relationship Systems Coaching program has allowed Jen to coach teams to create system alignment, successfully navigate change and shift into a continued high-performance state. Jen’s work in the leadership coaching space has resulted in her creating and presenting workshops supporting leaders to take a coach-like approach to their way of leading. This shift in leader-style saw improved culture, increased buy-in and accountability from direct reports, a more independent and solution-centric work force and a measurable increase in expected deliverables. Jen brings her coaching skills as a facilitator and creates a highly interactive experience that leaves attendees with tools to use and the ability to take immediate and simple action steps.

Certifications

Jen is certified with the International Coach Federation (ICF) as a Professional Certified Coach (PCC) as well as Advanced Group Coaching Certification. Additionally, she is Licensed with the Securities and Exchange Commission (SEC), holds Series 7 certification.