



## Linda J. Gooding, PCC

Ms. Gooding works with leaders at all levels of organizational life. She specializes in co-creating greater effectiveness and satisfaction with each of her clients. She is known for building trust quickly and easily. After a career in federal service, Ms. Gooding now dedicates her work life to coaching. She believes in lifelong learning as a way of life and in service to her clients.

### Education

Ms. Gooding completed her coach training at Newfield Network, LLC, an accredited coach training organization, and was awarded the Professional Certified Coach (PCC) credential from the International Coaching Federation. She has completed The Power of Awareness meditation course with Tara Brach and Jack Kornfield, the Mindfulness-based Stress Reduction course through UMass Medical School, and the Applied Neuroscience certificate program at The Neuroscience School. Ms. Gooding earned a Master of Arts degree from The George Washington University and a Bachelor of Arts cum laude from the University of Richmond in Richmond, VA.

### Past Experience

Ms. Gooding has coached individuals from a variety of professions within the public, private, and international sectors. She is especially skilled at working with clients to enhance their confidence to reach their goals. She uses a wealth of models, tools, and techniques to uniquely tailor each interaction to the needs and perspectives of the client. She listens deeply to understand her clients' background, concerns, goals, and dreams, and then partners with clients to develop and implement a timely plan of action. In the framework of a strong and supportive environment, she holds her clients accountable for achieving their desired results.

Ms. Gooding brings to her coaching expertise, long experience working in the federal sector as a mentoring program manager, diversity program manager, and analyst. She co-led a team of professionals to develop and institute a highly successful, "cradle-to-grave" Best Management Practices program at a major federal agency. She believes each of her clients is creative, resourceful, and capable of making the changes they envision for themselves. As a coach and partner, she is dedicated to their success.

### Certifications

Ms. Gooding is a member in good standing of the International Coaching Federation and holds the PCC credential. She is certified to debrief 360-degree feedback instruments including The Leadership Circle Profile, Benchmarks, and SkillScope. She has experience also working with DiSC, StrengthsFinder, Organization and Relationship Systems, Leadership Mirror, and Bowen Family Systems Theory as applied to organizations.

### Accomplishments

Ms. Gooding was presented with the Intelligence Commendation Medal for her work to establish an agency-wide formal mentoring network and corporate guidelines to ensure that all employees have equal access to mentoring. She is a long-time member of the DC Neuroleadership Group, which equips her to apply the recent findings in neuroscience to her work as a leadership coach.