



## Anders Kinavey Wennerstrom, MBA, CPCC, PCC, TICC, RYT-200

Anders is a coach, consultant, and facilitator with 20 years of experience in the healthcare industry. He works on leadership development and well-being, systems thinking, continuous learning and mindfulness, informed by a wide range of experiences from Lean Six Sigma Master Black Belt to yoga instructor. Anders is a life-long learner and facilitator of learning, with deeply held personal values of justice, awe, harmony, diversity, and joy that he applies in his work.

### Education

Anders holds a Master of Business Administration from Alaska Pacific University, and a Bachelor of Science in Systems Analysis from Lund University in Sweden. His academic education spans chemical engineering, information systems, psychology, and leadership.

### Experience

Anders enjoyed 20 years in the not-for-profit healthcare industry in both hospital and clinic settings before focusing full-time on coaching and leadership development. He has held practitioner, trainer and leadership roles in organizational change and development functions including Operational Excellence, Quality Improvement and Change Management. He has coached leaders since 2014, across a range of organizations and settings. His recent and current clients include leaders and executives in the Veterans Administration, not-for-profit leaders in Oregon and professional development specialists in the field of early childhood education in Alaska. He and his wife of 20 years operate a small coaching and consulting business in their current home in Eugene, Oregon.

### Certifications

Anders is a Professional Certified Coach (PCC) through the International Coaching Foundation (ICF) and a Certified Professional Co-Active Coach (CPCC) through his original coach training with the industry-leading Coaches Training Institute, CTI. He has completed additional coach training and holds a Trauma-Informed Coach Certificate (TICC) from Moving the Human Spirit. Anders is a Co-Active Leader after completing additional leadership training at CTI. He has recently completed the year-long Applied Compassion Training (ACT) program at the Center for Compassion and Altruism Research and Education (CCARE) at the Stanford University School of Medicine. Prior trainings and certifications include Lean Six Sigma Master Black Belt, Accelerating Implementation Methodology (AIM) practitioner, William Bridges Transitions trainer, General Electric's Work-Out™ and Change Acceleration Process (CAP), VitalSmarts Courageous Conversations and Courageous Accountability, and Motivational Interviewing.

### Accomplishments

As a Lean Six Sigma Master Black Belt trainee, Anders deconstructed and re-envisioned Lean Six Sigma process improvement and change management methods to develop a new integrated Green Belt and Black Belt training curriculum to meet the needs of the organization.

Anders is a book worm and a Master Listener with Audible, having accumulated 5 months, 9 days and 15 hours of listening time (at the time of writing) covering both fiction and non-fiction.

In 2018, Anders earned a 1st dan black belt in taekwondo (and parenting) with his son after four years of training, and by holding an 11-year-old accountable for decisions he made at age 8.