



Kim Grabovsky, MCC

Kim Grabovsky uncovered her ability and affinity for personal development and accomplishing goals early in her career as a sales executive in the mortgage banking industry over a decade ago and decided to expand her impact by coaching others to do the same. Since embarking on her education to enter the field of coaching, she has delivered more than 3,000 hours of coaching to over 500 clients and achieved the distinguished Master Certified Coach (MCC) credential from the International Coaching Federation.

Her approach is a combination of art and science. When Michelangelo was asked how he created such masterful works of art, he said 'he merely saw the angel sleeping in the marble and carved until he set him free'. That's how she regards her clients. She sees the greatness that lies within them and helps them to chip away at limiting beliefs and self-sabotaging behaviors. This sets them free to embrace their powerful essence that was just lying dormant beneath their self-imposed restrictions.

Kim's approach is balanced by an established process through which she uncovers what's most important for her clients, and then helps them tap into their own natural strengths and values to reach their goals and stay on track. She does this in a gentle and compassionate way through deep listening, creating awareness, and asking powerful questions. Through leadership coaching, Kim is committed to empowering her clients to better understand themselves, giving them clarity, confidence, and energy that support them in leading themselves and others.

Education and Certifications

Kim earned a B.A. in Psychology with a minor in Business Administration from the University of Texas at Austin. She has earned the MCC credential from the International Coaching Federation, the Coach U Certified Graduate designation, and the Organizational and Relationship Systems certification from CRR Global. She is certified to administer the Leadership Circle Profile, the Thomas-Kilmann Conflict Mode Instrument, and the EQi 2.0 and EQi 360 Emotional Intelligence assessments. Additionally, she is an MBTI certified practitioner and a certified DISC consultant.

Experience

Kim provides leadership coaching to a variety of individuals, from rising professionals to senior-level executives. She has served leaders within the federal government at the Food and Drug Administration, the Internal Revenue Service, the Securities and Exchange Commission, and the U.S. Postal Service. Her experience spans both private and non-for-profit sectors as well, including partnerships with Lyft, Edward Jones, and the Patient-Centered Outcomes Research Institute.

Accomplishments

Kim believes that to be an effective coach of leaders, she must lead as well. She is an active member of the International Coaching Federation Metro DC Chapter, where she creates communities for peer-to-peer learning and connection. Kim and her husband co-lead a couples group focused on strengthening marriages.